# COWRA

**NEW RESIDENTS KIT** 







#### **Emergency Numbers**

# For an ambulance, police or fire emergency please call 000

#### **Cowra Police Station**

(02) 6341 5099 86-88 Brisbane Street, Cowra

#### **Cowra Hospital**

(02) 6340 9000 64 Liverpool Street, Cowra

#### **Cowra Fire & Rescue**

(02) 6341 1624 124 Kendal Street, Cowra

**NSW SES Emergency Service** 132 500

**Electricity Emergency** 13 20 80

**NSW Poisons Information Centre** 13 11 26

#### **Kids Helpline**

1800 551 800

#### Lifeline

13 11 14

#### **Welcome to Cowra**

Cowra is located within beautiful Central NSW on the banks of the Lachlan River. It is approximately one hour from the regional hubs of Bathurst and Orange, two hours from Canberra and four hours from Sydney. The town is situated at the intersection of three state highways; the Mid-Western Highway, the Olympic Highway and the Lachlan Valley Way, making it a central hub for travel, freight and logistics.

Covering 2810 square kilometres, the shire includes a number of small villages which feed into the Cowra township and contribute to the shires' agricultural and cultural growth. These villages include Billimari, Darbys Falls, Gooloogong, Morongla, Noonbinna, Wattamondara, Woodstock and Wyangala.

Cowra is a town with deep historical ties to Japan and is regarded as a centre for peace. Its public identity became a part of World War II history with the Cowra Breakout of 1944. This tragic event in the town's history led Cowra to focus on promoting the values of friendship and reconciliation, something which the town still projects today.

Not only is Cowra a historical town, it is a town with a love for food and wine. It is surrounded by vineyards and grazing-rich farmlands with quality restaurants and cafes, and also includes endless water and camping opportunities with Wyangala Dam only a short drive away.

Cowra is a growing community with a number of primary and high school education options, health centres, sporting clubs, community groups and limitless weekend activities. It is the perfect place to raise a family, study, work or retire.

Experience Cowra and see for yourself why we are a town with history, values and fun.



#### **About Cowra Shire Council**

Cowra Council's vision is to be a leading, innovative and creative community, proud of our place in history and offering opportunity with the best of country living. The region enjoys a range of economic, social, educational and health services with a welcoming community that embraces new members from all backgrounds.

We strive to provide, maintain and extend Council services to improve the quality of life for residents throughout the Shire. We aim to actively lead, facilitate and foster sustainable development and wealth generating opportunities through agricultural, industrial, commercial and tourism growth.

Open Monday to Friday 8.30am to 4.30pm, Cowra Council is here to assist with your council or Cowra related queries. Our Council meetings are held at 5.00pm on the fourth Monday of each month in the Council Chambers.

General Manager/Mayor



(02) 6340 2013

Business Hours	Monday to Friday 8.30am to 4.30pm
Street Address	116 Kendal Street, Cowra
Postal Address	Private Bag 342 Cowra NSW 2794
Email	council@cowra.nsw.gov.au
Council main switch	(02) 6340 2000
After Hours Emergency (This includes water/sewer breaks, trees/spillages on roads)	(02) 6340 2120 or 0419 219 231
After Hours Ranger Service (This includes dog attacks and stock on main roads)	(02) 6240 2052
Infrastructure & Operations  • Roads  • Water  • Sewer  • Assets  • Parks & Gardens  • Airport  • Aquatic Centre	(02) 6340 2070
Ranger Services	(02) 6340 2052
Environmental Services  • Planning & Development  • Environmental Health  • Building & Regulatory Services	(02) 6340 2040
Corporate Services	(02) 6340 2006





The Council civic crest portrays local rock outcrops with an eagle atop to represent 'Cowra Rocks'. This is the site of the river crossing that became known as Cowra or Mulyan – the Aboriginal name for eagle.

#### **Council structure**

Cowra elects nine Councillors for a four-year term to direct Council's affairs in line with the Local Government Act 1993. Their decisions direct local policy and the distribution of Council funds. Their responsibility to the shire is to ensure Council's policies and objectives are consistent with its broader vision and obligations to the community.

Councillors are available to listen to resident's concerns and represent those concerns to Council. Each Councillor has areas of particular expertise and interest and they all participate in a number of Council committees and meetings. Individual Councillors can be contacted on any matter through the Council by phoning (02) 6340 2000. Find Cowra's current Councillors on our website under 'Your Council'.

#### **Rates**

Council's rating system provides the net funding requirements of Council's programs. Any increase in the rates is reviewed annually after considering the maximum provided under the State Government's rate pegging legislation.

Rates are payable annually and can be paid in full or by quarterly instalments. If paying in full, payment must be made on or before 31 August each year, and quarterly instalment dates are 31st August, 30th November, 28th February and 31st May each year.

More information on Council's rates can be found **via the quick** link on Council's homepage.

# **Council Waste and Recycling Services**

Cowra Council aims to safely collect, transport, and treat, all household waste in an efficient, cost-effective manner and to return all treated products back into the ecosystem sustainably. Urban residents within the Cowra Shire are eligible to be provided with Council's waste and recycling service.

Calendars with information regarding Cowra and Village/Rural Recycling Collection schedules and the relevant recycling pick-up days for your area are available from Council's Customer Service Centre and the Material Recycling Service Centre.

# Cowra Township recycling calendar can be found here.

# Cowra Shire Village recycling calendar can be found here.

Please put your bins out the night before and facing the kerb approximately one-metre apart. Do not place near parked cars or low-hanging trees.

Residents should take note that Cowra shopping centres are now plastic bag free and shoppers need to bring their own reusable bags.

#### Cowra Council's Material Recycling Facility is located on Glen Logan Road.

Opening Hours: Tuesday through to Friday: 7.30am – 4.00pm Saturday and Sunday: 10.00am to 4.00pm

#### **Village Recycling Stations**

Recycling stations for depositing recyclable material only are also located at:

- Gooloogong
- Woodstock
- Wyangala Park
- Wyangala village
- Wattamondara
- Morongla
- Noonbinna

#### **Woodstock Waste Site**

This site is open the first and third Sunday of each month between 9.00am and 11.00am

#### **Gooloogong Waste Site**

This site is open the first and third Sunday of each month between 1.30pm and 3.30pm.

For more information on Council's waste and recycling please visit our Council website under Council Services or drop into Council.

#### **Council Facilities**

#### Cowra Airport

Open all hours

Airport Road, Cowra. **(02) 6341 1616**After hours (02) 6342 9256

#### www.cowraairport.com.au

The Cowra Airport is a Certified Aerodrome under Federal Regulations.

The Airport also offers fuels Avgas and Jet a1 for aircraft.

#### Cowra Aquatic Centre

Morning swimming (everyday except Sunday and public holidays): 5.30am-8.00pm

Daytime swimming: Monday, Wednesday, Thursday & Friday: 10.00am-8.00pm. Tuesday: 10am-6:00pm (early close for swimming club) Saturday & Sunday: 10.00am-8.00pm

The pool is closed during late autumn and winter. It reopens around the October long weekend.

Taragala Street, Cowra **(02) 6340 2150** 

This complex includes a seven lane heated pool and undercover toddlers' wading pool. A surrounding shady grassed area is equipped with barbeques available for get-togethers and birthday parties.

#### Cowra Civic Centre

12 Darling Street **(02) 6341 1400** 

The Cowra Civic Centre is available for hire for weddings, private functions, stage productions, touring artists and concerts. It regularly hosts civic functions and events on Australia Day, Cowra's Festival of International Understanding and special Mayoral Functions, balls and seminars.

The centre includes full disabled access, change rooms behind the stage, temperature control and a professional 84 seat theatrette.

#### Cowra Library

Monday to Wednesday: 10.00am-5.30pm Thursday: 10.00am-6.00pm Friday: 10.00am-5.30pm Saturday: 10.00am-12.30pm Closed Public Holidays

77 Darling Street **(02) 6340 2180** 

www.cwl.nsw.gov.au/about-cwl/cwl-branches/cowra-library

The Cowra Library is a service of Cowra Council.

#### Cowra Regional Art Gallery

Tuesday to Saturday: 10.00am-4.00pm Sunday: 2.00pm-4.00pm

77 Darling Street **(03) 6340 2190** 

#### www.cowraartgallery.com.au

The Cowra Regional Art Gallery is a cultural facility of Cowra Council and is financially assisted by the NSW Government through Arts NSW.

#### Cowra Saleyards

Young Road, Cowra **(02) 6342 2654** 

Cowra Saleyards is owned and operated by Cowra Council. Sheep and prime lambs are sold every Friday.

#### Cowra Skate Park

Open during daylight hours.

Located at Col Stinson Park, this sporting complex also includes asphalt and grass netball courts, a modified-size soccer field, amenities and car parking.



### **Sportsgrounds**

Sportsground	Location	Sports played	Amenities
River Park • Twigg Oval • Holman Oval	Adjacent to the Cowra Aquatic Centre on Taragala Street	<ul><li>Athletics</li><li>Junior rugby league</li><li>Cricket</li><li>Basketball</li></ul>	✓
Edgell Park Oliver Oval McPherson Oval Raudonikis Oval Bryant Park	Lachlan Valley Way (Boorowa Road)	<ul><li>♥ Cricket</li><li>♥ Hockey</li><li>♥ Touch football</li><li>♥ Soccer</li></ul>	<b>✓</b>
Mulyan Oval	Corner of Bourke & Cooyal Streets	<ul><li> <b>Y</b> Junior and senior AFL             <b>Y</b> Cricket         </li></ul>	<b>~</b>
Rodwell Oval	Corner of Hood & Bourke Streets	▼ Cricket	<b>~</b>
Col Stinson Park	Corner of Macassar Street & Binni Creek Road	♥ Netball♥ Skate park	<b>~</b>
Sid Kallas Oval	Corner of Young Road & Haigh Street	<ul><li>Ruby League</li><li>Greyhound Track</li></ul>	<b>~</b>

Applications to book a sports field can be found on the Council website, under 'Council Services - Parks & Reserves'.



#### **Ranger Services**

Rangers are employed by Council to enforce laws and local policies. They undertake regular patrols around Cowra and are able to assist in the following areas:

- ✓ Pollution, litter and rubbish
- Feral animals
- Abandoned/lost pets
- ✓ Noise complaints
- ✓ Vandalism
- Stock control
- Abandoned articles such as cars, signs, boats etc
- Car Parking
- Roads

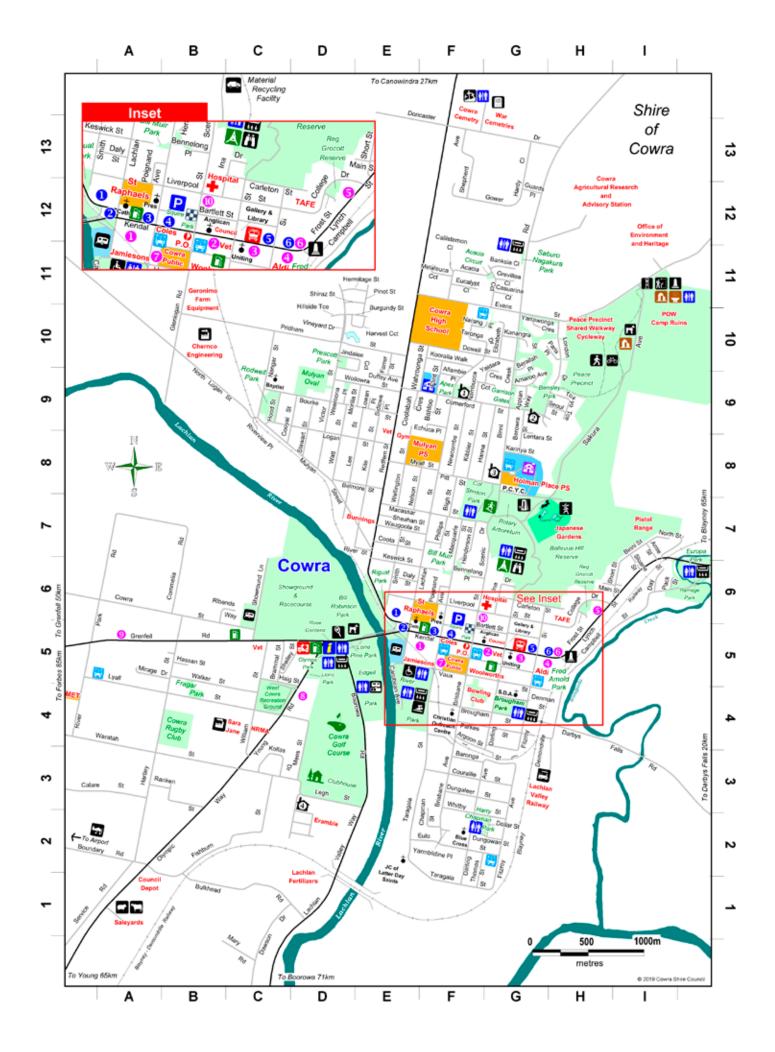
# Cowra Ranger Services can be contacted on (02) 6340 2052,

which will be redirected to the Rangers mobile, or by contacting Council on (02) 6340 2041 during normal business hours.

Please keep in mind that Rangers may be in a location that does not receive mobile telephone coverage, and in this instance you should leave a message when prompted and a Ranger will get back to you.

In the event of an emergency you should call Emergency on (000) or in the event of a non-life threatening emergency, you should call Cowra Police on (02) 6341 5099.





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3F	Argoon St
9F	Bahloo St
11G 3F	Banksia Cl
5F	Baronga St Bartlett St
8E	Belmore St
6F	Bennelong PI
10G	Berallah Pl
8G	Berowra St
10G	Binni Creek Rd
71	Binni St
3D	Boorowa Rd
2A	Boundary Rd
9D	
5C	Brammal St
3F	Brisbane Ave
6F	Brisbane St
3F	Brougham St
1B	
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5F 3A	Busby PI Calare St
11F	Callistemon CI
5H	Campbell St
8E	Canowindra Rd
6G	Carleton St
5E	Carobean Ave
10G	Casuarina CI
2F	Chapman St
6H	College Dr
9F	Comerford St
6B	Commelia Rd
9E	Coolabah Cres
7E	Coota St
9C	Cooyal St
3F	Courallie St
6A	Cowra Rd
6E 3F	Daly St
5F	Darling Ave Darling St
1C	Dawson Dr
61	Day St
4G	Denman St
2F	Dollar St
13F	Doncaster Dr
10F	Dowell St
9E	Duffey Ave
F2	Dungaleer St
F9	Echuca PI
400	Climphoth Ave

Cow	ra Street Ind
11E	Farrer St
2C	Fishburn St
2G	Fitzroy Ave
5G	Fitzroy St
9F	Flint St
6H	Frost St
5C	Grenfell Rd
11G	Grevillea Cl
12G	Guards PI
15D	Haig St
8F	Hanna St
4B	Hartley St
10E	Harvest Cct
5B	Hassan St
6F	Henderson St
11D	Hermitage St
10D	Hillside Tce
8G	Holman PI
9C	Hood St
6F	Ina Dr
9E	Jindalee Cct
	Kanangra St
8G	Karinya St
7G	Ken Nakajima PI
5F	Kendal St
6E	Keswick St
8F	Kibbler St
8E	Kite St
3C	Kollas Dr
10F	Kooralla Walk
15L	Lachlan Ave
6E	Lachlan St
3D	Lachlan Valley Way
9E	Lee St
	Legh St
7F	Len Whiteley Dr
	Lentara St
6F	Liverpool St
9D	
10H	London Dr
5E	Low Level Bridge Rd
9E	
4B	Lyall St
6H	Lynch St
7E	Macassar St
6F	Macquarie St
6H	Main St
1C	Mary Rd
	Mees St
11F	Melaleuca Cct
5A	Mirage Dr
	Morilla St
8D	Mulyan St
8E	Myall St
9F	Nambucca Cct
9C	Nangar St
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	9F	Newcombe St
	10B	North Logan F
	3C	Olympic Way
	61	Pack St
ı	10H	
ı	4F	Parkes St
ı	7F	Phillips St
ı	11E 8F	Pinot St
ı	6E	Pitt St Poignand Ave
ı	10D	Pridham St
ı	5F	Railway Ln
ı	3B	Ranken St
ı	8E	Redfern St
ı	6E	Ribands Way
ı	5A	River Park Rd
ı	6E	River St
ı	8C	Riverview PI
ı	5F	Rowston Ln
ı	1A	Saleyards Rd
ı	7G	Scenic Dr
ı	9G	Seoul St
ı	1A	Service Rd
ı	7E	Sheahan St
ı	5C	Shelley St
ı	13F	Shepherd Ave
ı	11D	Shiraz St
ı	6H	Short St
ı	6C	Showground L
ı	9E	Sidlowe PI
ı	7H	Sloane St
ı	6E 5H	Smith St
ı	8D	Somerset St Stewart St
ı	3F	Taragala St
ı	10F	Taronga Dr
ı	2F	Thomas St
ı	9G	Tokyo Toe
J	5F	Vaux St
ı	9D	Victor St
ı	10D	Vineyard Dr
ı	9E	Wahroonga St
ı	4B	Walker St
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		Factory
		Monument
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kout	12	Nurture One Childcare
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ite Park		Retirement\Nursing Homes
ce	Æ	Cowra Retirement Village - "Bilyara"
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bulance		Motels
uatic Centre	0	Townhouse Motel
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nt	4	Breakout Motor Inn
Shelter	6	Alabaster Motel
l Station	6	Countryman Motor Inn
ard Tower	7	Cowra Motor Inn
rpretive Panels	8	Civic Motor Inn
torical Ruin	9	Country Gardens Motor Inn
torical Fountain	0	Cowra Services Club Motel
erial Recycling ility		Hotels
sh Free Area	0	Australian Hotel
renture yground	2	Cowra Hotel
king	8	Imperial Hotel
nis Court	4	Lachlan Hotel
netery	6	Railway Hotel
r Graves	6	Lachlan Valley Hotel
anese Gardens		
lpture Park		

Key

**Childcare Centres** 

1 Cowra Early Childhood - "Carinya"

#### **Playgrounds**

11G Acacia Circuit

10G Elizabeth Ave

11F Eucalypt CI 2F Eulo St

10G Evans St

- 7G Bellevue Hill Reserve
- 4G Brougham Park
- 4B Fragar Park
- 2F Harry Chapman Park
- 4D Olympic Park
- 4E River Park
- 11G Saburo Nagakura Park

#### Adventure Playground

7G Bellevue Hill Reserve



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#### **Parks**

Waratah St Watt St Waugoola St

Weeroona PI Wellington St

2F Whitby St 4C William St

9E Wollowra St

9F Yaldara Cres

7G Yarrabilly Dr

3C Young Rd

2F Yarmbildine Pl

10G Yarrawonga Cres

- 11G Acacia Circuit Park
- 9F Apex Park

10F Narang PI

4F Neila St

- 7G Bellevue Hill Reserve
- 4G Brougham Park
- 9G Bensley Park
- 6F Bill Muir Park 5D Bill Robinson Park
- 8F Col Stinson Park
- Netball Courts
- Skate Park
- 4B Cowra Rugby Club
- 4E Edgell Park
  - MacPherson Oval
  - Oliver Oval
- Raudonikis Oval
- 61 Europa Park
- 4B Fragar Park

- 9G Garrision Gates 2F Harry Chapman Park
- 5G Fred Arnold Park
- 9D Prescott Park 61 Ramage Park

D5 Lions Park

5E Lone Pine Park 9D Mulyan Oval

- 6H Reg Grocott Reserve
- 6E Riguat Park 4E River Park

4D Olympic Park 9D Pauline Coe Park 9H Peace Precinct - Reserve

- - Holman Oval
- Twigg Oval 9C Rodwell Park
- 7G Rotary Arboretum
- 11G Saburo Nagakura Park 5F Squire Park
- 5E Surveyor Evans Park
- 4C West Cowra Recreational Ground Sid Kallas Oval

#### Attractions

- 2A Airport (off map) 5G Art Gallery
- 4E Aquatic Centre
- 5E Caravan Park 5G Civic Centre
- 5G Council Administration
- Cowra Bowling Club

- 3D Cowra Golf Course 111 Italian POW Monument
- 5H Italian Friendship Monument
- 7F Japanese Gardens
- 3G Lachlan Valley Railway
- 5E Leash Free Area

- 5G Library 2C Material Recycling Facility 11I Memorial Cairn
- 5G Peace Bell
- 111 P.O.W. Camp Ruins
- 5D Rose Gardens
- 1A Saleyards
- Sculpture Park
- 6D Showground & Racecourse
- 5D Visitors Centre & P.O.W. Theatre

\*ABS data as of 2016 **Cowra Snapshot** 







Total employed (F/T): 56% Unemployment rate: 6.5%



Median house price: \$266,500 Median rental price: \$260/week



Average summer high: 31°C Average summer low: 16.5°C



Average winter high: 15°C Average winter low: 5°C



Average rainfall



Number of businesses



Land area (hectares): 2,810 km<sup>2</sup>

#### Our top 5



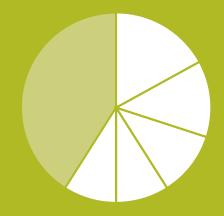
#### What we do:

- Managers: 17.9%
   Labourers: 15.5%
   Professionals: 13.5%
- 4. Technicians and trade
- 5. Community and personal service workers: 10.8%



#### Where we work:

- services: 4.5%
  2. Sheep Farming: 3.3%
  3. Local Government
- Administration: 3.1%
- 4. Primary Education: 2.9%
- 5. Supermarket / grocery stores: 2.9%



#### **Our industries:**

- 1. Agriculture, forestry and fishing: 17.3%

  2. Health care and social
- assistance: 13.5%
- 3. Retail trade: 10.7%
- 4. Manufacturing: 8.8%
- 5. Education / training: 8.5%



#### The History of Cowra

Cowra is located on Wiradjuri Country. The Cowra region is part of the Wiradjuri language group, the largest in NSW which covers most of the state.

The first Europeans to reach the area were led by surveyor and explorer George William Evans who passed near the town site in May 1815 and named the area the Oxley Plains after the surveyorgeneral and explorer John Oxley. Led by members of the Wiradjuri, Oxley himself then explored the Lachlan River in 1817, which he named after the Governor Lachlan Macquarie.

Early pioneer pastoralists depended on Aboriginal knowledge of the land along the Lachlan when they took up grants in the 1830s, when the likes of Arthur Rankin and James Sloan drove cattle across from Bathurst and became the first European settlers on the Lachlan River. It would take another nineteen years when, in 1849, Cowra was proclaimed a village. The 1861 Cowra Census recorded 117 males, 76 females and a police force of seven officers residing in the village of Cowra.

In 1857, the first school was built. In 1886, the railway reached Cowra from Young. In 1888 the line was extended to Blayney, completing the first cross-country line linking the state's southern and western trunk routes. Cowra was then officially recognised as a shire in 1888.

A large army training camp was established just outside Cowra in 1940 which trained some 70,000 personnel throughout World War II. The following year, a prisoner-of-war (POW) camp was built at the north-eastern outskirts of town. On 5 August, 1944, this camp became the site of the largest mass POW escape in modern military history.

# **What's Good** You may be new residents to our beautiful town, but that won't stop you from exploring the wonderful attractions and historical sites our shire has on offer! Image: Lawrance Ryan



#### Cowra Visitor Information Centre

Located on the western side of the Lachlan River Bridge in Olympic Park, the centre is your go-to stop for information on Cowra and the surrounding villages. Out the front of the centre is a rose garden consisting of 107 varieties of roses.

The centre is also home to 'Claire' the local Cowra girl who tells her personal account of the Cowra Breakout through a very informative hologram presentation.

Corner of Mid-Western Highway, Young and Boorowa Road, Cowra (02) 6342 4333

info@cowratourism.com.au www.visitcowra.com.au

#### The Lachlan Valley Railway Heritage Centre

Opened in 1923, the Cowra Locomotive Depot and roundhouse is located at a central point on the Blayney to Demondrille rail line, the first cross-country line built in NSW. Cowra also served the needs of two branch lines, Eugowra and Grenfell. All operational rail lines in the Cowra area closed between 1991 and 2009.

The Lachlan Valley Railway Society is a non-profit Australian rail preservation society based in Cowra. It was established in 1974 to preserve NSW Government railways, locomotives and rolling stock. With the closure of the depot in 1985 and railway freight and transport ceasing quickly afterwards, the responsibility of the preservation of the depot was passed to the Lachlan Valley Railway Society which has maintained an important presence at the site since 1977.

The Lachlan Valley Railway
Heritage Centre at Cowra
Locomotive Depot, is a functioning
rail facility where restoration and
the maintenance of locomotives
and carriages is carried on and
preserved.

Open 9.00am-5.00pm 7 days a week. 3 Campbell Street, Cowra (02) 6342 4999 inquiries@lvr.com.au www.lvr.com.au

# The Japanese Garden and Cultural Centre

Erected on a five hectare site, Cowra's Japanese Garden is the largest in the southern hemisphere and stands as a symbol of the historical ties between Cowra and Japan. Opened in 1979, the garden was designed by Ken Nakajima - a world renowned figure in traditional Japanese landscape gardening.

Ken Nakajima Place (02) 6341 2233 Open 7 days a week www.cowragarden.com.au

# Cowra Prisoner of War (POW) Camp

The site of Australia's largest mass POW escape, the site now stands as a memorial to the lives lost during the breakout of 1944. The site also stands as a monument to the many Italian POWs in the camp who willingly, and with good grace, did much labour in the area. The site is one of the best interpreted military heritage parklands in Australia.

A map and further information on the site can also be found at Cowra's Visitor Information Centre.

#### Cowra War Cemeteries

The Cowra Japanese War Cemetery was established to house the remains of all Japanese POWs who died in Australia. The 524 graves also include Japanese nationals who died taking part in air raids in Northern Australia, and Japanese civilians who died in internment camps.

In the adjacent Australian War Cemetery are the graves of the four Australian personnel killed during the breakout and the graves of other Australian service personnel who died as a result of accidents or illness at the Cowra POW Camp and the nearby Cowra Military Training Camp.

In the Cowra general cemetery, there is a monument and graves of 13 Indonesian detainees who died of natural causes in the Cowra POW camp.

Doncaster Drive, Cowra





#### The World Peace Bell

The World Peace Bell was bestowed upon Cowra in 1992 by the World Peace Bell Association for Cowra's strong links of friendship and reconciliation with Japan. It was Australia's only world peace bell until 2018, and is fitted with an audio system which tells the significance of the bell and its origins.

Darling Street, Cowra

#### The Cowra Italy Friendship Monument

The Cowra Italy Friendship Monument was officially opened on Australia Day 1997 to celebrate the Italian link to Australia. In particular it was erected in recognition of the Italian 'prisoners of war' and internees held in Cowra during World War II.

Fred Arnold Park Lynch & Kendal Streets, Cowra



#### Conimbla National Park

A nature reserve situated between Cowra, Gooloogong and Grenfell, there are a number of easy to difficult bushwalks. The park is particularly popular with keen birdwatchers, as over 150 species have been recorded here, including some interesting threatened species, such as the little eagle, glossy black-cockatoo, turquoise parrot and several species of honeyeaters and robins.

There are also a number of other National Parks located nearby to Cowra including the Weddin Mountains National Park near Grenfell, Koorawatha Nature Falls and Reserve in Koorawatha, and the Bendick Murrell National Park near Greenethorpe

Access and more information on Conimbla National Park can be found online at National Parks NSW.

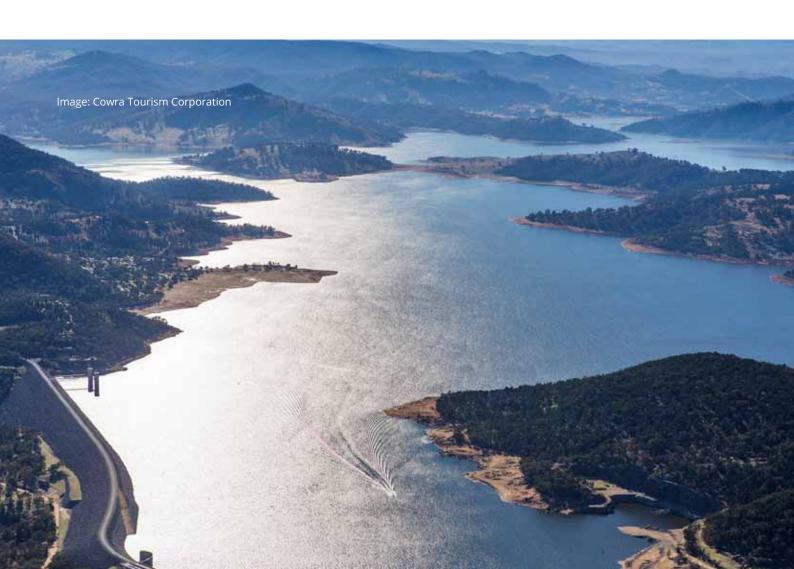
#### Wyangala Waters State Recreation Area

With a storage capacity of 1,217,000 megalitres, Wyangala Dam holds twice the volume of Sydney Harbour. The dam is situated on the junction of the Lachlan and Abercrombie Rivers about 48 kilometres upstream from Cowra.

The second major dam built for irrigation in NSW, Wyangala Dam helped drive the economic development of the Lachlan Valley as a major food producing region. Today the dam continues to support irrigated agriculture across the valley around Cowra, Forbes, Condobolin and Hillston.

The dam is open all year round and is a perfect spot to pack the camping gear, pop the boat in the water and go for a ski, fish or even just a swim. The dam boasts beautiful hilly views with camping and picnic hotspots, boat ramps and toilet and shower facilities. There are also some magnificent bushwalking treks. Bungalows, cottages, cabins and house boats are available for hire through the park operators.

2891 Reg Hailstone Way, Wyangala (02) 6345 0877
wyangalawaters@
reflectionsholiday.com.au
www.reflectionsholidayparks.
com.au



#### **Education**

#### Early Learning/Day Care Centres

# **Goodstart Early Learning** 2 Binni Creek Road **(02) 6341 2133**

cowra@goodstart.org.au

#### Nurture One North Cowra Children's Centre

51 Comerford Street **(02) 6341 3622** 

northcowra@nurtureone.com.au

#### Cowra Early Childhood Services Co-Operative Ltd /Carinya Early Childhood Centre

20 Comerford Street **(02) 6342 3255** 

#### Yalbilinga Boori Day Care Centre

Legh Street (02) 6342 1300

#### Primary and Secondary Schools

#### **Cowra Public School**

Kindergarten to Year 6

Vaux Street (02) 6342 2400

cowra-p.school@det.nsw.edu.au

#### **Mulyan Public School**

Kindergarten to Year 6

92-94 Lachlan Street **(02) 6342 2531** 

mulyan-p.school@det.nsw.edu.au

#### **Holmwood Public School**

Kindergarten to Year 6

Mid Western Highway (Cowra to Bathurst Road)

(02) 6342 2172

holmwood-p.school@det.nsw. edu.au

#### **Wyangala Dam Public School**

Kindergarten to Year 6

Waugoola Road, Wyangala Dam **(02) 6345 0804** 

wyangala-p.school@det.nsw. edu.au

#### **Gooloogong Public School**

Kindergarten to Year 6

25 King Street, Gooloogong **(02) 6344 8307** 

gooloogong-p.school@det.nsw. edu.au

#### **Woodstock Public School**

Kindergarten to Year 6

Parkes Street, Woodstock (02) 6345 0217

woodstock-p.school@det.nsw. edu.au

#### St Raphael's Catholic School

Kindergarten to Year 12

11-15 Liverpool Street (02) 6342 2940 straphaels@bth.catholic.edu.au

#### **Cowra High School**

Year 7 to Year 12

Dowell Street **(02) 6342 1766** 

cowra-h.school@det.nsw.edu.au

#### M.E.T School

Year 3 to Year 12

12 River Park Road **1300 724 024** 

info@metschool.nsw.edu.au

#### **Holman Place School**

Special Education for ages 5-18 years

3 Binni Creek Road **(02) 6342 2301** 

holmanplac-s.school@det.nsw.edu.au

#### **Cowra Special Needs Services**

Early Childhood Intervention and Life Skills Training

Ina Drive

(02) 6341 3575

info@cowraspecialneeds.org.au

# Colleges and Vocational Training

#### **TAFE NSW Cowra**

27-33 Carleton Street **1300 823 393** 

# Sureway Employment & Training

1/103 Kendal Street **1300 787 392** 

#### Verto

39 Kendal Street **(02) 6341 0200** 

#### **Cowra Business Hub**

The Hub provides assistance, training, mentoring, business skills, tips and tricks for the Cowra community.

16/59 Kendal Street

1800 961 833

info@cowrabusinesshub.com

#### U3a

**Retiree Training** 

(02) 6342 2028

cowrau3a@yahoo.com.au



#### Health

#### **Cowra Community Health**

Cowra Community Health provides support to the Cowra community through the following health areas:

Community nurse, child and family health, dietician, speech pathology, social workers, physiotherapy, occupational therapy, alcohol & other drug help, sexual assault counselling, audiometry, incontinence advice, diabetic counselling, district nurse, podiatry, mental health services, women's health nurse, Aboriginal maternal and infant health service and Aboriginal health workers.

Cowra Hospital 64 Liverpool Street (02) 6340 2356

#### Aged Care

#### Weeroona Nursing Home 10 Comerford Street

(02) 6342 3333 weeroona@weeroonaagedcare. com.au

#### **Cowra Retirement Village**

1 Holman Place (02) 6341 1666 administration@bilyara.org.au

#### **Aged Care Services**

#### **BaptistCare Home Services**

3/119 Kendal Street **(02) 5317 5000** 

# Cowra/Grenfell Meals on Wheels

14 Vaux Street **(02) 6342 4165** 

# Cowra Information & Neighbourhood Centre

15 Vaux Street (02) 6340 1100 admin@cinc.org.au

#### **Live Better**

Shop 6, 119 Kendal Street **1800 580 580** 

#### **Cowra Community Transport**

15 Vaux Street **(02) 6341 2040** 

#### Chiropractors

# Chiropractic Health & Wellness Centre

135 Kendal Street **(02) 6342 5005** 

#### Aligned Health & Wellbeing

44 Macquarie Street **(02) 6344 1119** 

# Dentists and Orthodontics

#### **Cowra Dental Practice**

94 Brisbane Street **(02) 6342 2433** 

#### **Cowra Dental Group**

63A Kendal Street **(02) 6342 2293** 

#### Cowra Adult Dental Clinic – Cowra Hospital

64 Liverpool Street 1300 552 208

#### Medical Practitioners (GPs), Pathology and Imaging

# Medispring Family Medical Centre

96 Brisbane Street **(02) 6342 2555** 

#### **Cowra Medical Associates**

165-169 Kendal Street **(02) 6341 1400** 

#### **Douglas Hanly Moir Pathology**

165-169 Kendal Street **(02) 6341 2511** 

#### **Cowra Diagnostic Imaging**

167-169 Kendal Street **(02) 6342 4125** 

#### **Optometrists**

#### **Webster Optometrists**

114 Kendal Street **(02) 6342 2502** 

#### **Geoff Day Optometrists**

29 Kendal Street **(02) 6342 3355** 

#### **Pharmacies**

#### **Zest Pharmacy**

111 Kendal Street **(02) 6342 2285** 

#### **Optimal Pharmacy Plus**

75-77 Kendal Street **(04) 6342 3452** 

#### Physiotherapy

# Cowra Physiotherapy & Health Supplies

113 Brisbane Street **(02) 6342 3300** 

#### **Fitzroy Street Physiotherapy**

Shop 8/119 Kendal Street **(02) 6341 2378** 

#### **Psychologists**

#### **Assist Psychology**

Cowra Hospital 64 Liverpool Street (02) 6340 9000

#### Kathryn Walker Clinical Psychologist

11 Brougham Street **0403 287 533** 





#### **Cowra Clubs & Committees**

For a full list of local community clubs, art and history clubs, sporting clubs and other local community groups, the Cowra Guardian distributes a yearly Community and Business Guide. This can be collected from the offices of the Cowra Guardian at 100 Darling Street.

#### Religion

**Ignite Church Cowra** 11 Brougham Street

**St Peter's Presbyterian Church** 50 Macquarie Street

**St Raphael's Catholic Church** 15 Lachlan Street

Church of Jesus Christ of Latter Day Saints

Taragala Street

**Cowra Uniting Church** 75A Darling Street

**Cowra Baptist Church** Bourke Street

**St Johns Anglican Church** 98 Kendal Street

**Seventh Day Adventist Church** Denman Street